# COMECTED

Artist Highlights

A Page in History

**Inside the Board** 

CULTURAL SHARING

**Original article from "ELLE"** Publication "Change the Channels<sup>\*</sup>

Topez Travels

POWER WHEELS DERBY

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> Vol. 2 Issue 2 2018-2019

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#### **UNITED BUT DISTINCT**



www.picei.org

### FROM THE EDITOR'S DESK

#### **PICEI** Connected



Mildred Glenn, Editor

were great fund raisers. It has been very difficult to raise funds and to get the publication out on time. It would be so appreciated if there are any of you who would be interesting in helping PICEI get up to speed again by giving some time to this non-profit organization.

In the past few years, PICEI's has lost

some of its very strong members; who

Unfortunately, an error was made on the cover of the last issue of PICEI Connected numbering sequence. Volume I only has 11 issues as a result. The last Volume should have been, Vol. 1, Issue #12, 2015-2016-2017. Instead it read VOLUME 2, ISSUE 1, which was incorrect and for that, we sincerely apologize.

#### LAST SHALL BE FIRST 50/50 RAFFLE 2018

The PICEI "Last Shall Be First 50/50 Raffle" drawing was held on Saturday, October 13, 2018 at 7:30 pm at our PICEI Office in Brasher Falls, NY. Unfortunately, Cynthia Shipman, who is a board member, had been extremely ill that year, and could not do the mailing of her LSBF 50/50 raffle stubs herself. This resulted in the mailing of raffles stubs too close to the drawing date and therefore did not make it in time to have the raffle stubs be place in the raffle drum that night. She therefore made an independent donation of \$1,000 to the organization after the 50/50 fundraising event. We are so grateful to Cynthia and those who re-donated their winnings back to the organization. It was so appreciated, and we thank her.

#### **INSIDE THE BOARD**

This 2018-2019 PICEI Connected publication will feature Chrysetta Patterson, Executive Director and Co-Executive Marketing Director in this section. We will follow her life and learn more about Chrysetta and her accomplishments.

On Saturday, August 25, 2018, 11:00-6 Pm, The Rise Uniting People Organization honored PICEI's CEO Florence Patterson with The Outstanding Person of the Year Award. Their event took place in Wyandanch Park, Wyandanch, NY and included live performances; a book signing by Alah Adams, Documentary filming, a Hip-Hop Poetry Contest, surprise guests and lots of fun was had by all.

PICEI is available for seminars and workshops throughout the year. Schools and individuals should contact us at 866 660 5116 regarding the Scholarship/Award program.

We have worked hard for over 30+ years to do what we can to bring as many cultures together as we can. Understanding each other unites us in ways that will make the world a better place. We would be delighted if you would move forward with us by sharing your stories or taking part in our special events and travels.

We are looking for volunteers from any state to try to get our cultural message to the masses. Help us keep the link growing and reaching to the Universe.

Visit the PICEI website at www.picei.org or write PICEI at its e-mail address: culturepiceiorg@gmail.com. Join our social network by liking us on Facebook or calling us at PH: 1 866 660 5116 and give us your ideas.





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# Founder's Message

**Florence Ghoram Patterson** 



<u>The Vision</u> that PICEI has is "A World where people respect and have a better understanding of each other". <u>Our Mission</u> is to promote and inspire awareness of our connectedness and <u>Our Motto</u> is to be united but distinct. These ideas of PICEI remain the same since 1982.

Florence Ghoram Patterson

It's no wonder that we continue to reach out to as many people of various cultures to travel with us, to break bread together, to laugh and play together with us in the many ways whether it be an Art show, a Power Wheel Derby event or a trip around the world. We find it necessary to do the simple things with people that may not have similar background culture or ideas.

We truly believe it will help us reduce the "Fear of the Other"...We truly believe that when we share time with those who may not look or talk like us, a growth of love and respect of one begins...we feel it is truly worth a try since all others methods have failed to bring love of our fellow person. The method of war, greed, separation, and classism are the opposite of respect, trust, and love.

When we know more or learn about others we reduce fear and hate. This in turn makes our world a better place. So join in this endeavor, for we cannot do it alone.

Please take a look at our centerfold, and think about the message it gives "If we each take a look in the mirror and do our part, imagine our world in complete harmony".





PICEI is looking forward to the sharing of Culture with the people of...

Falmouth, Jamaica Cartagena, Colombia Panama Canal Partial N Cristobal, Panama Limon, Costa Rica Grand Cayman, Cayman Island

We set sail to Jamaica on November 30<sup>th</sup>, 2019 out of Fort Lauderdale. Florida. We will experience first-hand how other cultures live, love and laugh. It is always better to see for yourself how people actually live with your own eyes. As too often, cultures are misrepresented by our history books.

#### A Bit about Two of these Cultures

**JAMAICAN CULTURE** consists of the religious norms, values, and lifestyle that define the people of Jamaica. The culture is mixed, with an ethnically diverse society,

from a stemming history of inhabitants beginning with the original Taino people. The **Spaniards** brought originally Jamaica. slavery to Then they were overthrown by the English. Jamaica later gained independence from the British on August 6, 1962. Black slaves became the dominant cultural force as they suffered and resisted the harsh

of

labor. After the abolition

forced

conditions



An appetizer: Jamaica The part of Jamaica that we are going to is **Falmouth, Jamaica**.

of slavery, Chinese and Indian migrants were transported to the island as indentured workers, bringing with them ideas from the Far East. These contributions resulted in a diversity that affected the language, music, dance, religion, and social norms and practices of the Jamaicans. (*Source: Wikipedia*).

#### The PANAMA CANAL

Undoubtedly the most visited place in Panama City, the Canal is a 48-mile long artificial waterway that connects the Atlantic Ocean and the Pacific Ocean. Following its recent expansion, the Canal has doubled its capacity, and 14,000 ships are transiting every year. Observe the ships passing through at the Miraflores Locks and Visitors Center. (*Source: Internet*)



The Panama Canal



## Super Force Universe Poem by Herbi Tatro



The eye the ego Eagle I see Illuminated before me For the unknown faces of the future Earth my mother We hear you... Race to your sovereign

Our dear witness Of our collected choice of vices Recycled gratitude Reciprocated thru rain & wind Watered thy grounds of conscience Communes' great changes Imagined healing so effortless All ye glory... Peace & Power to the Oneness

## **Selma,** From Yesterday until Today by Karen Glenn

Selma may be part of our past People marching for a simple right To express themselves, for the fight, To vote on conscious thoughts and minds Marching peacefully side by side Black and white all cultures combined Today we may have the freedom to vote But still need to treat others with Human kindness

No need to have that kind of blindness What we all are trying to do is cope Trying to negate



Why do we have to hate We all trying for the same equation Trying to keep our family strong Keep food on the table and do no wrong Underneath our skins All blood is red, all bones break Go in peace, these words be said No hate, only love can be expected We all want to be respected.



# Last Shall Be First 50/50 Winners

#### **TOP SELLERS**



Again this year our Top Sellers of the LSBF 50/50 raffles were Mildred Glenn, Chrysetta Patterson and Cynthia Shipman. We are so grateful for their efforts, for without their efforts we would not be able to maintain the organization. We would also like to acknowledge others that did a great job in making it possible to serve the various communities that we do. Those members alphabetically are: Viola Bass, Julia Chaney Moss, Florence Patterson and Carl Patterson Jr.

So much is appreciated of the volunteers that purchase a ticket or a portion of a ticket and help to witness our drawing like: Louis Griffin, Art Lyons, Helen Moller, Carl Patterson Jr. and Florence Patterson. This was the first time that we did not have a dinner before, during, or after since we began the "Last Shall Be First 50-50" drawing. Mildred Glenn and Chrysetta P. Patterson were both present by phone. We welcome everyone who wishes to listen to the actual drawing to let us know and we will give them a phone number and code in order to join us.

Mildred Glenn



**Chrysetta Patterson** 



**Cynthia Shipman** 



50/50 Tally Chart

Our drawings are truly honest. Each ticket that is purchased is placed in the drum and the person that pulls out the ticket is blindfolded. Since the maximum number of tickets sold is only 100, it doesn't take that long to call each and every ticket. This way you will know for a fact that your particular ticket was in the drum. And, it's a lot of fun wishing that you are last to be pulled.

Four other prizes are also drawing. This year they **Renee Herring** won, but it Amazon gift card in the lives in Florida and the cost of price of the prize. Hand **Regina Rush**, Roaster Pan **Patricia Taylor** won a 32"

Tracey Glenn

given throughout the were: a Pyrex Dish which was traded for an amount of \$25. Renee shipping was close to the Mixer was won by won by **Tracey Glenn**, TV and our cash winner



Patricia Taylor

The total raised for this year's LSBF 50/50 was \$1,686.25, not including \$1,000.00 donation by Cynthia Shipman. The Lotto/Money Tree Raffle was also drawn at this event, the amount was: \$238.00. The winner was **Caroll Moulton**.

Please try to support our work for the communities that we serve. And let us know if you wish our efforts in your community.

We believe when we dine together, play together, we experience things together, when we travel and learn things together, we gain respect and understanding of each other and make this a better world.



Caroll Moulton

So, please join us in our vision.

<u>Our Vision</u>: "A world where people respect and have a better understanding of each other" <u>Our Mission</u>: "To promote and inspire awareness of our connectedness" <u>Our Motto</u>: "United, But Distinct"



#### By Topez Patterson Surfing and Yoga in Nicaragua



Two summers ago I was lying on my stomach, the sun beating down on my back, bobbing gently on a long board on the coast of northern Nicaragua. It was my final day of a week of surf lessons. My confidence had grown, and I ventured away from our group to wait for the next wave without anyone in my

way. I was my only competition. I knew my surf coach and new friends were nearby. I had a healthy amount of fear as I looked over my shoulder and watched a large wave form. It was perfect. A bit big...but perfect. Here I was, about to ride the best wave of my life! As the wave approached, I remembered what I had learned. I stretched my head out; I paddled, paddled and paddled very hard. I looked over my shoulder and there it was. It was big! "I've got this!" I put my hands down, popped my feet under me and instantly watched them slip out into the air as I fell directly on my butt into the water. I dove down, away from the board, which turned into a missile as the wave crashed over me.

Ok, it didn't turn out to be the best wave of my life. But it was just another wipe out in an amazing week of wipe outs and perfect rides. The times when I caught a wave and heard my friends cheering me on as I looked at the beach for the camera, hoping this sweet ride was filmed... it was all worth it.

#### I took a chance on this solo trip to Nicaragua. A surf camp sounded like the perfect trip to take on my own.

I would have surfing lessons to improve in a fun and challenging sport, a group of adventurous people to meet, an active schedule to keep me healthy and fit, and some good old-fashioned beach time. I searched for camps all over the world. I eliminated places I had already been to, areas with a lot of pollution, destinations whose surf season did not align with the time I could travel, and resorts that were out of my budget. I was left with one apparently amazing option.

**Rise Up Surf Camp's** website advertised one affordable price that included daily group surf lessons with board rentals, a

daily yoga class, fresh and healthy meals, a massage, transportation to and from the airport, and a number of excursions within the local community. I looked up reviews and traveler feedback and it seemed too good to be true.



So, in case this camp was a bust, I also scheduled some time to travel throughout Nicaragua on my own after a week at the surf camp.

I usually avoid things that are "all inclusive." I feel they typically shelter a traveler from the authentic people and culture and give a limited or artificial view of a place.

When I first exited customs and immigration at the airport in Managua, Nicaragua, I saw the familiar central and South American airport scene. Whole families were waiting at the airport to welcome their loved ones home. Little kids were running around dressed in their Sunday best. Large groups anxiously pressed against the security glass and crowded around the exits with hopeful anticipation. The lobby was buzzing with all this amazing energy. None of them were there for me.

Wishing I would have a reception like that one day, I navigated through the dense crowds of families and taxi drivers soliciting rides. After what seemed like a very long time, I found a man with a piece of paper that said, "Rise Up Surf Camp." "Ok, someone **IS** here for me" I thought to myself. "This camp does actually exist, and I will be able to get there."

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#### [Continued from page 8]

It was the end of July and firmly in the midst of the rainy season. After three hours driving past smoking volcanoes, my



driver and I arrived at the entrance. It was getting dark and a massive thunderstorm was rolling in. We pulled through the security gates to a villa with a large grass-roofed outdoor pavilion. There

was a long wooden banquet table on one side and on the other side people were hanging out on couches. They were helping themselves to drinks in an outdoor kitchen with a bar

counter. Beyond the couches were a pool, hammocks, and lots of oversized lounge chairs with tables and umbrellas. The location was on a cliff directly above the beach



and the ocean extended out into the distance. One by one,



everyone introduced themselves to me. Oscar offered me a drink. It was a very warm welcome. Initially, I couldn't quite tell who worked there and who was a guest. I drank a mojito as I watched the awe-inspiring lightening show over the ocean and got to know my new campmates from all over the

world. Quite a few were from New York like me.

Over the course of the week we all bonded very quickly.

There's nothing like a healthy dose of fear, some personal competition, and getting tossed into the water repeatedly to form an instant connection between



groups of strangers. You connect as you go through similar challenges and cheer on each other's achievements.

We would wake up before the sun rose, have tea, fresh fruit (some picked from the trees on the property) and delicious fresh baked bread, and then head out for a sunrise surf. We came back to the villa a few hours later when everyone had their fill and was a little beaten, a little sun drenched, and a little better. We would share stories with the surfers who



had gone to different surf spots after а healthy and hearty breakfast. We would take a yoga class together later in the dav and stretch our sore

bodies back to equilibrium. The yoga instructor was usually out surfing with us and completely understood what body parts would need some attention.

One day we went for a horseback ride through the village, stopping at one of the small businesses for some fresh pressed juice and conversation. Another day we hiked up a volcano and rode down the ashes on a specialized toboggan.



Another night we went out to a nearby restaurant/bar for dinner and salsa dancing with the locals. Some nights we watched movies outside in the pavilion on a projection screen.



Afternoons were for floating in the pool, reading books on the lounge chairs, or my personal favorite; napping in the shaded hammocks. Our surf coaches

would have meals with us, hang out at the pool, and coordinate games and music and just have fun relaxing together. The owners, a married couple and their daughter, would also spend time with us. Their dogs would lie under our hammocks. It felt like I was staying at a friend's house and it was amazing.

That first week flew by. I was sad to leave **Rise Up Surf Camp** but excited to see more of Nicaragua. Over the next two weeks I hiked volcanoes; paddle boarded across a crater lake and had adventures with new friends. I knew I would return one day. This year I went back to Rise Up. The owners' daughter, who was only six months old when I gave her the first swimming lesson of her life, had now turned two and was jumping into the pool swimming to the side underwater. She had play dates with the children of the staff and neighbors. It was beautiful to see how this business was really a home. Not just for the owners and their guests but also for their employees.

[Continued on page 14]



# **CHRYSETTA PATRICIA** PATTERSON

**By Florence Patterson** 



Chrysetta Patricia Patterson, MSW, is the Executive **Director of** Pamoja International Cultural **Exchange Inc.** (PICEI).

Ms. Patterson received her Master's level training at Adelphi

University School of Social Work where she also received a scholarship to complete courses on Domestic Violence. She is currently working with the Workforce Institute, a collaboration between the City University of New York (CUNY) School of Professional Studies and the Administration of Children's Services (ACS) in New York City. At the Workforce Institute, she holds the position of Senior Evidence-Based Model Facilitator, with a training focus on Partnering for Success and Family Assessment Response (FAR).

Previously Chrysetta has held positions as a Senior Education Specialist with the State University of New York (SUNY) Stony Brook; Program Director at Services for the Underserved and Training Coordinator for New York Foundling. Ms. Patterson has also been a consultant/facilitator to The Council of Family & Child Care Agencies Inc. (COFCCA), the Adolescent Services Resource Network (ASRN) at the Hunter College School of Social Work and many other New York City and state childcare agencies. Chrysetta is currently a Partnering for Success Certified Trainer and Consultant with the National Center for Evidencebased Practice in Child Welfare located at the University of Maryland, School of Social Work. In that role she has provided training and consultation to multiple practitioners, both locally and nationally.

#### On a Personal Note from Mildred Glenn:

As Chrys' godmother and a life-long friend of her mother's, I can say that I was there the day she came into this world in 1956. Her Aunt Evelyn named her Chrysetta and I was given

the honor of giving her the middle name of Patricia. But because they lived in Jamaica, NY, later in Springfield Garden, NY, then Deer Park, NY and finally moving to Brasher Falls; while I lived in New York City and later moved to Florida, we never got to see each other very much. Although we were verbally in



Mildred Glenn touch frequently, I still regret the personal time missed.

As I watched Chrys grow up, I saw a very strong independent young person and a wonderful musician. The years went by like a fleeting moment...and then she was married and a mother. Chrys was so lucky to have Florence Ghoram Patterson as her mom because she was given opportunities that many other children did not get. For instance, at the age of about 16, she and her 13-year old brother Carl were taken on a European trip by their mother to Italy, Portugal, Paris, England and Spain. Going to Europe, which especially during that era and being African-American, was highly unusual. Even today it is still a luxury for most of us. I am so proud of my godchild and the accomplishments she's made in her life. I wish her good health and happiness now and in the future.

#### Words from me as her Mom, Florence Ghoram Patterson, that I feel you should know:



Now, looking at Chrysetta in her present line of work, one would never think of her as being shy or as an extremely gifted musician. But, being her mother. I know of the talent she still possesses. I can remember, when she was just a little girl, one of her teachers, speaking to me about Chrys (Chrys, is what friends and family call her) day

dreaming in class, while she was conducting her lessons in elementary school. Chrys often enjoyed being to herself and perhaps still does to this very day. However, as a result of that not too flattering report, I told the teacher that I would stop her music lessons and perhaps that would make her pay attention and stop day dreaming in class. The teacher immediately said, Mrs. Patterson, "please, please don't do that". She went on to say, Chrysetta is such a natural talent, please don't do that.

[Continue on page 11]

#### [Continued from page 10]

Needless to say, I did *not* stop her from her music lessons or from participating in the Class Orchestra and of her aspiration to become a first chair violinist, for if I had done that, I would have robbed her of receiving many awards and so many medals in her youth for her music. However perhaps due to her shyness, she never liked people to use her to demonstrate how well she could play the violin or the piano. (Chrys reminds me of the girl in the movie "Joy Luck Club" who was a brilliant pianist, but did not like her mother suggesting she play the piano to show how great she was in her craft.

Chrys went on to study music as her major and photography as her minor in college under the direction of Ken McIntyre at Old Westbury. Later, when she was a teenager, she and her brother, Carl formed a Band call "PAMOJA".



time to time, but most of them

The members of the group, changed

them stayed. This allowed the flavor

from

**PAMOJA** flavor of the music to remain. DJ Ken Webb, of WBLS, heard them play and ask Chrys to record a

PAMOIA

song he wrote, which she did entitled, "Let's Go Out Tonight". The song got great reviews; however the music business producers had problems at that time of its own (*for the record*, not Ken Webb). The group played with many famous people.



Seven Green

Chrys enjoys the roll of mother to her successful son, Courtlan Green who is a

scenic designer and the grandmother of his first child, Seven Green who is now a beautiful young lady graduating in May 2019 from Sara Lawrence College.



**Courtlan Green** 

Chrys is the mother-in-law of Rachael Green, a successful mother and professional woman, the mother of three of her grandchildren, Sia age 6, Sovereign age 1 and newborn Syra, born this past February 19, 2019.

Chrys continues to enjoy music for her own pleasure and travels with PICEI, around the world. Perhaps you, the reader, should join us as we broaden our view of the world and cultures.



Rachael, Sovereign, Sia and newborn Syra



Alaska Cruise - August 19-21, 2013

THANK YOU

<image><image><image><text><text><image><image>

Massena, New York



#### MDP/SPP Coordinator at GEICO



was born and raised in the beautiful city of Buffalo, New York. Buffalo is a city known for hardworking individuals and I believe my parents and that city taught me the fundamentals I needed to be successful throughout multiple careers.

In 2005, I graduated from The University of Akron with a degree in Communications: Radio/TV. I packed my bags and made my way to the largest city in the world, New York City. I landed my dream job as an intern at MTV Networks and after putting in five months of hard work I was offered a full time position. I worked my way up to Producer in only three years, working on shows such as; "My Super Sweet 16", "Cribs" and "16 and Pregnant"

and TLC's "Say Yes to the Dress". In addition, I spent the weekends as a sideline reporter for ESPN and Fox Sports. **Rachael Green** This dream job granted me the opportunity to travel and network with many talented

people.

After working hard over the next several years, I met someone who had the same inner motivation I did, was a constant in driving me to be better, and his name is Courtlan Green. It was always a dream of mine to open a retail store in the East Village and with the support and drive from my husband in 2011; we made that



dream come true. The store brought our entire family together and taught life lessons to our daughter, Seven, who often worked in the store after school.

While managing a career and store in 2012, we definitely an understatement and decided that Seven graduated from high school that we to move to Buffalo to try and achieve some of our



there. My husband wanted to have a estate portfolio together we knew could make that

there and it was a great place to raise our family. So in 2015, we pack up our bags and moved across the state.

I started working part time as a co-host of a local television show,

WBBZ "The Daily Buzz" and landed a full time position at GEICO in their management development program. I was promoted to MOAT Sales supervisor in April 2017, and during my time on the sales floor, I was able to achieve top rated supervisor results and promote multiple associates within my team. I also played a large role mentoring peers. This past summer, I took on the challenge of becoming our regional intern coordinator for Buffalo and I drove



an extremely successful program.

happen

In addition to driving results, I have also been featured in a GEICO commercial and was a part of their 2017 marketing campaign. I most recently was promoted to MDP/SPP Coordinator and I look forward to developing and mentoring the future leaders of GEICO.

Rachael Green pictured with some of her co-workers, including Warren Buffett, who is the "CEO of Berkshire Hathaway". GEICO is a subsidiary of Berkshire Hathaway. [continued on page 18]



welcomed our daughter Sia. Multitasking was



#### **GEICO Team Associates**

# **Bon Appétit**

# **Broccoli Salad**

Submitted by Renee Herring



#### **INGREDIENTS**

1 bunch broccoli 1/2 box raisins (8-oz box) 1/2 pound fried bacon, crumbled 8 ounces sliced or diced water chestnuts 1 small purple onion, sliced thinly

#### DIRECTIONS

- Break broccoli flowerettes into small pieces. Add raisins, bacon, water chestnuts, and onion.
- Dressing: Mix: 1 cup mayonnaise, 1/3 cup sugar, and 1 tablespoon white vinegar for dressing.



Mix broccoli mix and dressing together. Refrigerate for several hours. Toss when you remove from fridge.



# **Cabbage and Noodles**

Submitted by Dorothy Rumenik



#### INGREDIENTS

1 small cabbage (sliced) 1-2 medium onions (sliced) Cooked medium sized noodles\* Butter (lightly covering bottom of fry pan) Caraway seeds

### DIRECTIONS

 Sauté sliced cabbage and onions in butter using large frying pan on a 'low' heat

 Cook pasta, drain well and add to cabbage/onions Haluski Cabbage and Noodles

Let all cook together slowly on

a low heat 9enjoying each other's juices), adding caraway seeds at this time

Salt and pepper to taste

mixture

\*This recipe should contain 3/4 cabbage to 1/4 noodles\*. For those of you who are unfamiliar with caraway seeds, this ingredient is the key for the perfect flavoring of this recipe, so do not eliminate it.



#### [Topez Travels...continued from page 9



Since my last visit, tourism has decreased dramatically. Some tourist supported businesses in the small coastal city of Aposintillo where the camp is located had closed. It

was always a quiet town, but the recent international news reports of protests involving violence have dissuaded many people from visiting.

**Rise Up Surf Camp** even had to close for a few months due to low reservation rates and out of an abundance of caution, while they monitored the situation. I felt safe and well cared for the entire time I was there for both trips. It would have truly been a shame if I had missed out on these experiences because I was afraid.

My advice to you: Do your research and make informed decisions.

**Travel:** Think about your interests and hobbies. If you love to cook, find a cooking class somewhere with a local. If you are into live music, see what concerts are going on in a place you would like to visit. **Like sports?** See where you can watch a game, or better yet, join a game and play! Think about what you would do if you lived in a place and find others that are doing that. **Participate**: Take a class, meet a group of people with similar interests, try something new.

Most importantly, let yourself be a little uncomfortable. The spaces of discomfort are where we grow most.

Have experiences that are unique to you in a place that is new to you. I have always been glad when I did.



# A PAGE IN LISTORY

## **Doris 'Dorie' Miller Facts**



1: Doris "Dorie" Miller was born on October 12, 1919, the son of sharecroppers Henrietta and Conery Miller from Waco, Texas.

2: He was the third of four sons and was named by the midwife who assisted with

his birth; before the birth his mother had been positive that the baby would be a girl.

*3:* Dorie Miller attended the A. J. Moore High School in Waco but he was forced to drop out of school during the Great Depression to help out with the farming. He also managed to get part time work in a small restaurant in Waco.

4: At the age of 19 years old Dorie Miller enlisted in the US Navy on September 16, 1939 hoping for the opportunity to see the world and to send money home to his family. Due to segregation African-Americans were limited in the US Navy to non-combat positions as mess attendants, stewards, and cooks.

5: On Sunday morning December 7, 1941 at 08.10am the Japanese launched their surprise attack on Pearl Harbor - their primary targets were the US battleships. The Japanese first wave of attack consisted of 51 dive bombers, 40 torpedo bombers, 50 high level bombers and 43 fighters. Japanese submarines assisted the attack firing their torpedoes at the battleships.

6: News that the ship's captain, Mervyn Bennion, had been badly injured and Dorie Miller was ordered to bridge to get the captain to safety - Captain Bennion had a gaping wound in his abdomen but refused to leave his post (he later died of his injuries).

7: Lieutenant Frederic H. White then ordered Dorie Miller to help him and Ensign Victor Delano to load the unmanned antiaircraft machine guns. He was only expected to load ammo into both guns but he used his initiative and manned one of the guns and started firing into the air at the dive-bombing Japanese airplanes.

8: The first reports of the attack on the USS West Virginia made reference to the brave actions of an unidentified African-American sailor. He was later identified as Doris "Dorie" Miller and awarded the Medal of Honor.

9: On May 11, 1942, President Roosevelt approved the Navy Cross for Dorie Miller which was presented to him on May 27, 1942 by Admiral Chester W. Nimitz, Commander in Chief, Pacific Fleet, aboard the aircraft carrier Enterprise. 10<sup>th</sup> Anniversary Commemorative Issue



## PICEI CONNECTED PUBLICATION COVERS

To obtain a printable copy of the three (3) most recent publications: Go to the PICEI HOME page [www.picei.org].

Click on the cover of your choice.

#### To view PICEI older covers:

Go to the PICEI **HOME** page [www.picei.org]. Click on the **Media/History** tab

For all other back issues of "PICEI CONNECTED" call 1 866 660 5116 to place a special order of an off-line issue at the current cost.

#### International Cookbook









Niá:wen / Thank You



# I'm talking about the Man in the Mirror

# Michael Jackson



QZ.

John Lennon

#### [Continued from page 12]

Looking back, New York City will always hold a special place in my heart but I know that moving back to Buffalo has been one of the best decisions we have ever made for our family. We have just recently purchased our second home, welcomed our son, Sovereign, in 2017, and our new daughter, Syra arrived in February 2019. Raising a family and managing a career can be exhausting but when you have inner drive and family support anything is possible. **Always keep dreaming**...



Rachael, Sovereign and Syra



#### By UNKNOWN AUTHOR TO HARRIET SNYDER'S FAMILY

#### When I Am Gone

When I am gone, release me. Let me go I have so many things to see and do. You mustn't tie yourself to me with tears, Be happy, we had so many years. gave you my love and you can only guess How much you gave to me in happiness. I thank you for the love you each have shown But now it's time I traveled alone. So grieve a while for me if grieve you must Then let your grief be comforted by trust. It's only for a while that we must part So bless those memories in your heart. I won't be far away for life goes on So if you need me, call and I will come. Though you can't see or touch me, I'll be near with all my love around you soft and clear. And then, when you must come this way alone, I'll greet you with a smile and "Welcome You Home".

Pins Received from Eastern Star Order: State of New York













#### PAMOJA INTERNATIONAL CULTURAL EXCHANGE, INC. (PICEI)

600 Smith Road Suite A Brasher Falls, NY 13613-3242 E-Mail: <u>culturepiceiorg@gmail.com</u>



#### WE GOVERN BY CONSENSUS

#### **Board Members:**

Mildred E. Glenn Courtlan C M Green Ari Harris Julia Chaney Moss Carl Patterson, Jr. Chrysetta P. Patterson Florence Ghoram Patterson Topez Patterson Cynthia Shipman

Honorary: Ms. Michelle V. Agins Dr. Shefali Dastidar Dr. Sachi Dastidar Ms. Ramatoulaye Dieng Mr. Ahmadou Lamine N Dour Mr. Joseph Wright **Upited But Distinct** 

#### **Board Members Profile**

**Our Board Members** have a wealth of Professional Experience in many fields such as Teaching, Marketing, Social Work, Spiritual Guidance, Business, Communication; Photography, Artistry, Mentoring, Technology, Cinema photography, Broadcasting; Authors, Stenography, Fashion Design and Sports to mention just a few, and we have traveled extensively around the world allowing us to gain knowledge from every continent. Collectively the board members speak over five different languages, possess over 400 hundred years of expertise and we have lost count on the miles we have traveled.

#### Benefits of Being a PICEI Member

#### All Star levels members receive:

- Ticket discount on all our Events
- Merchant Discount in your community\*
- One Free gift
- Authority to submit new ideas & suggestions to reach our goals.

#### Level Stars: 2, 3 & 4 (Additional benefits):

- All of the above, plus
- Free link on our Website w/approval
- 10% discount off of all products sold by PICEI
- Advance notice of events
- One free ticket when entering our Prize Drawings

#### Level 5 (Additional benefits):

- All of the above, plus
- Upgrade free gift
- VIP Invitation & seating to Annual Meeting
- Two free tickets when entering our Prize Drawings
- Life Time Pin

#### We Welcome You... Enclosed is my membership of \$\_\_\_\_\_

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Name: \_\_\_\_\_ Add: \_\_\_\_\_ State:\_\_\_\_\_Zip\_\_\_\_ Tel: ( )\_\_\_\_\_ E-mail:

#### IT IS TIME UNITED BUT DISTINCT

Our Dream can be a Reality if we work together...

#### **Our Vision:**

A world where people respect and have a better understanding of each other

#### **Our Mission:**

To promote and inspire awareness of our connectedness

#### We Need:

A place where all can learn about themselves & others

#### **Opportunities:**

- *A place* where students can learn about the different cultures early in life without having to travel to other parts of the world.
- *A place* where our youth and elderly can work. (Job creation)
- *A place* maintained by the countries participating to avoid taxes on the local community.
- This will be "*A place*" where we could teach and learn uninhibited by fear of reprisal.

#### How to get started:

- One of the ways is to have inmates help and give back to society with their good intentions by working with the community, by helping with site preparation, and assisting with landscaping, as well as painting and all around maintenance required to keep the cultural center in functional and respectful condition. And, we should give acknowledgement to them by listing their names among those that contribute.
- *Obtain in-kind* support from businesses in each community by requesting that they donate whatever they can to build the outside structures, and having the different participating countries supply interior and all items to be shown that would best tell their history.

This brief overview is to give just a peek at the bigger picture. Let Us Begin.....

#### MEMBERSHIP STATUS NOMINATION

I wish to accept the nomination for membership status and look forward to serving in the following capacity:

- Active Board Member (Resume Attached)
- Active supporting Member \_\_\_\_\_
- Non-active member

#### LEVEL OF FINANCIAL INDIVIDUAL MEMBERSHIP

(	) 5 Stars-Life Time	\$1,000.00
(	) 4 Stars-Annual Donation	\$150.00
(	) 3 Stars-Annual Donation	\$ 75.00
(	) 2 Stars-Annual Donation	\$ 50.00
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# **HELPFUL and HEALTHY HINTS**

by Mildred Glenn

#### PICEI Connected

Vol. 2, Issue 2, 2018-2019

#### **Destroy Outdated Prescription Pills Safely** [https://www.fda.gov/ForConsumers/ConsumerUpdates/ucm101653.htm

#### [Submitted by Beverly Johnson]

- Remove the drugs from their original containers and mix them with something undesirable, such as used <u>coffee grounds, dirt, or cat litter</u>. This makes the medicine less appealing to children and pets and unrecognizable to someone who might intentionally go through the trash looking for drugs.
- 2. Put the mixture in something you can close (a resealable zipper storage bag, empty can, or other container) to prevent the drug from leaking or spilling out.
- 3. Throw the container in the garbage.
- 4. **Scratch out** all your personal information on the empty medicine packaging to protect your identity. If you have a question about your medicine, ask your health care provider or pharmacist.

Quaker Oats for fast Arthritis Pain relief https://www.thriftyfun.com/Home-Remedies-for-Arthritis-Pain.html

It's not for breakfast anymore! Mix 2 cups of **Quaker Oats** and 1 cup of water in a bowl and warm in the microwave for 1 minute, cool slightly, and apply the mixture to your hands for soothing relief from **arthritis pain**.

#### Cleaning liquid that doubles as Bug killer

If menacing bees, wasps, hornets, or yellow jackets get in your home and you can't find the insecticide, try a spray of **Formula 409**. Insects drop to the ground instantly.

#### No More Mosquitoes

Place a dryer sheet in your pocket. It will keep the mosquitoes away.

# **Baking Soda for Cleaning**[Excerpted from USA Weekend – July 19-21, 2013]

Did you know that exposure to cleaning products may reduce your lung function and increase the risk of asthma by 30% to 50%? It's so much safer and easier and cheaper to make the cleaner yourself.

#### You can make an all-purpose cleaner by:

- 1. Mixing water; baking soda and vinegar together.
- 2. Store it in an old mason or jelly jar.
- 3. Use baking soda and peroxide to clean bathroom grout.

#### **Car Survival** [Excerpted from USA Weekend, Sept. 27-29, 2013]

When it comes to packing a car for an emergency, be like a turtle...practically carrying your entire house on your back.

Americans spend a lot of time in their cars, and there are a few essentials we all need.

- You should have at least a gallon of **drinkable** water in your car—crucial if you are stranded for a long time. It has many other uses such as first aid and putting out fires.
- Keep energy bars and hard candies in your glove compartment.
- Keep an **extra cell phone battery** and a fully charged **external charger** in your car.

#### Healthy Snacks

Research shows that popcorn and other snack foods, such as <u>breakfast cereals</u>, have the potential to reduce the risk of <u>heart disease</u>, cancer and other chronic diseases.

**Popcorn**, in particular, reigns supreme among wholegrain snack foods, with the highest level of antioxidants.

# **Cultural Sharing**

#### Submitted by Bessie Mitchell

[This article originally appeared in the Winter 2019 Issue of ELLE Canada.]



M SITTING ON A BLACK plastic chair in the auditorium at the Native Canadian Centre of Toronto, jiggling my legs as the casting director in front of me studies my application and headshot. I'm here, along with 30 other Indigenous men and women, to audition for the role of "background actor, Indigenous, age 25-plus" for the wildly popular (and wildly sexy) series *Outlander*. Producers had put out a call for Indigenous extras to appear on the show's fourth season as time-travelling English combat nurse

Claire and her hunky Scottish warrior, Jamie, journey to the New World—or, as I call it, "home."

I'm jittery, but I'm excited too, and not just because if I'm picked, I'll get to go to Scotland, where the series is filmed. I've never acted a day in my life. Nor have I ever been on a movie set—if you don't count the times I've gawked at the location shooting of *Suits* in Toronto's financial district. But I've always been obsessed with movies and TV (IMDb is my favourite website), and I'm curious to see what filming is like. And, most importantly, I haven't seen a lot of people who look like me on television or in the movies, so this casting call feels pretty big.

Pve been searching for representations of Indigenous people in pop culture since I was a kid growing up in the '80s on the Six Nations of the Grand River reserve in southwestern Ontario, Among my limited options? Old Westerns with people in wigs dressed up as native people (not cool), Dances With Wolves (I'd rather watch it from the POV of the Lakota people deciding to adopt Kevin Costner than the other way around) and Disney's Pocabontas. (Do not get me started on the song "Savages.") Or I could pick up a VHS copy at the local video store (I did say I was an '80s kid) of anything starring Graham Greene. And while, yes, there were some Indigenous-made movies, like Dance Me Outside, Smoke Signals and Once Were Warriors-which my friends and I would watch at sleepovers between scarfing down junk food and telling ghost stories-they only came around every few years.

Since then, there has been some movement toward inclusivity on Canadian TV with the creation of APTN (Aboriginal Peoples Television Network) in 1992 and shows like North of 60 and, more recently, Mohauk Girls and Blackstone. Mohauk Girls is one of two shows that reflect a version of life on the reserve—people greeting one another in their native languages, our dry sense of humour and how tough we can be. Blackstone is a mesmerizing drama with all the elements of the disappointingly real issues Indigenous people face, such as missing and murdered women and the high prison and youth-suicide rates. I've become a cheerleader for these series because they're not only highly bingeable but also show Indigenous people as modern people in scenarios that we all face, from trying to fit in after moving to a

new place to dealing with family pressure. Displaying these commonalities goes a long way toward humanizing our people, who often seem relegated to history books.

I can't help thinking about this during my audition as I try to concentrate on what feels like the weirdest job interview ever. I'm asked to hold up my application and say my name and which nation I'm from. The impassive casting agent in front of me doesn't blink at my Greek married name, but he does inquire what I do for a living, if I'm cool with wearing a wig (I guess no one had chic bobs in the 18th century) and if I have any problem with going to Scotland for a month. Then comes the hard part: the acting. I'm asked to turn to the camera and give a stern face, which, as anyone who knows me knows, is next to impossible, unless I'm dealing with my four-yearold daughter having a full-blown tantrum. A few takes later, I'm done. As I leave the auditorium, I mouth "Good luck" to a woman I was sitting beside earlier.

As I look back now, it felt good to be in a room of Indigenous women and men-even if we were vying for the same roles-but the experience also made me think about the implications of us always being in the background. Although this Outlander casting call felt like a great step toward representation, it also shows how far we still have to go. We have Indigenous voices on Indigenous TV, but what about mainstream pop culture? I want to see more Indigenous people playing non-specifically-Indigenous parts-because, yes, while we do have unique cultures and world views, we are not defined solely by our heritage. It's important for non-Indigenous people to see us filling roles like Graham Greene's cop character in Die Hard With a Vengeance. We can be smart city detectives too! Indigenous voices also need to be behind the scenes, writing, producing and directing content.

The needle is moving, albeit slowly. Actress Tantoo Cardinal and filmmaker Danis Goulet were recently invited to be members of the Oscars Academy, and many of Canada's media organizations are focusing on bettering Indigenous representation, with government investment in Indigenous productions and hiring and the creation of a dedicated Indigenous Screen Office.

In the end, I didn't get a callback to be one of 10 women to head to the

Hopefully, there will be a timetravelling romance where the main cast looks like me. callback to be one of 10 women to head to the hills of Scotland and appear for fleeting seconds behind Jamie and Claire. My movie career might not have kicked off, but I am encouraged by the historically accurate hiring tactics of such a bigbudget series. Hopefully, in the near future, there will be a time-travelling romance where the main cast looks like me. You know I'll be watching.  $\Rightarrow$ 







Massena Market Place "Turn your junk into cash"





www.picei.org

# POWER WHEELS DERBY EVENT 2018

AUGUST 11, 2018

Photography by: Feather, Seven Green, Matt Dowdle of Massena Home Depot

**Pamoja International Cultural Exchange, Inc.** - PICEI's events are opportunities to bring people together in order to appreciate one another for our likenesses and our differences without lecturing to you.

#### <u>Our Vision</u>: "A world where people respect and have a better understanding of each other" <u>Our Mission</u>: "To promote and inspire awareness of our connectedness"

The "Power Wheels Derby" event held on **Saturday, August 11, 2018** is just one of the ways that PICEI brings families and the general public together, creating "A Family Fun Day". This year the site for the event took place at Generation Park in Hogansburg, New York. We had vendors present for those who like to shop for Art effects and other items they like to purchase. A Psychic reader, Mr. Ghulam Sabir was there for those who wanted a reading. There was also entertainment throughout the day.



Lady Locket

was shown during the night on the big screen. Our free movies are usually under the stars, but this year it was in the Generation Park's arena. We are most appreciative to the technicians, Guy and Travis Gulf for their service.

We had Irish dancing by Dorothy Lundgren, Butterfly dancing by **"Lady Locket"**, Hoop dancing by **Akwesasne Hoop Dancers**, **DJ music** throughout the day by Carl Patterson Jr.,

Project Director. Feather again this year provided unique

homemade games which the children enjoyed during the day and The **"Black** Panther" Movie



Lyric Terrance Lanni Terrance Kyla Thompson Kaia Swamp Grayci George

This event provides something for everyone regardless of their culture or age, as it has thrills for the children ages 3 to 9 driving the little motor car, learning about traffic signs and rules of the road. It gives the older children an opportunity to assist with monitoring the race, signing in the attendees and giving out the raffles for the free door prizes.

#### [Continued from page 24]



All the participants received certificates, T-shirts, a meal ticket and lots of prizes that the merchants in our area donated. The **Mohawk Tribe**, both in the USA and Canada, the **Saint Regis Mohawk Tribe** & **Mohawk Council of Akwesasne** (respectively), as well as the **CKON radio station** and **Bear's Den** continue to support our programs year after year for the Mohawk Children and families. PICEI members fund-raise

throughout the year to provide the same for all other children and families, including Native children. No one goes without the opportunity to participate in the programs that we serve in the community.

of sandwiches for the volunteers as they have done in the past.

This year the **Brasher Town Board** donated three power wheels cars for the children which were greatly appreciated by the organization. **Subway at Speedways Plaza** provided platters



Thanks to the St. Regis Mohawk Police

**Department**, we feel that all the children had more fun than ever before under their direction.

Of course needless to say, the fun they had learning how to make toy cars, which they got to keep, under the direction of Matt Dowdle and his staff from **HOME DEPOT**.





Racers all set to begin racing





The Mohawk Fire Department of Hogansburg added to the event by giving the children an opportunity to enter and be able to"TOUCH THE TRUCK".



**Children making cars** 



#### [Continued from 25]

Although there is a registration fee for participants of \$7.00 for this event, we provide a space on the registration form for them to indicate if they need a sponsorship. They need not give PICEI any proof to validate this need. The PICEI organization continues to work to obtain donations for the purpose of assuring that no child or family will be refused who wants to participate. This allows full participation in this under-privileged community. Whatever funds are obtained goes towards the sponsorships, decorations, food, some door prizes, site preparation, entertainment, equipment required and occasionally to be able to purchase Power Wheel Cars for children who do not own their own. Presently we have seven (7) cars available.



The coordinators of this year's Power Wheels same as last year. Felicia (Feather) Stanka who of the operation from collecting fees from the to whatever was needed and Dorothy Lundgren with the help of the volunteer committee. her task by preparing her delicious Bar-B-Que for all the volunteers and PWD participants.



Derby event remain the managed every aspect vendors for their tables, carried out the task Dorothy also doubled chicken and pasta salad

**Dorothy Lundgren** 

Felicia (Feather) Stanka

Our wonderful volunteers were: Art Lyons, who drove back and forth countless times, helping to get the equipment to the site. Chrysetta Patterson, Executive



**Art Lyons** 

New York, Courtlan members, also from with his truck and Florence Patterson as that morning, as most of the items had to equipment was taken to the site the

"Glazier's".

Director of PICEI, did

much to transport.

preparing the fresh

loved and Hot Dogs

transportation were:

Others



**Florence Patterson** 

the same, for there was She also doubled her task by French fries that everyone that were donated by that volunteered with the Dick Rush from Buffalo. and Rachael Green, Board Buffalo. Phil Moulton well, made many trips

night prior to the event.



**Chrysetta Patterson** 

be moved the same day as the event. Some

The preparation for the event was done by the PWD Committee other members with the

with signs, in the local newspapers, and in our "PICEI CONNECTED" publication.



**Louis Griffin** 

help of Louis Griffin and Helen Moller, who monitored the many gifts throughout the day, Linda Stanka, who helped at just about every stage during the event and Vanessa Stanka, who received an acknowledgement from the President of the United States for her volunteer work with other charity organizations.

None of the funds obtained are used for salaries, as 100% of our staff are volunteers. Many of the door prizes are donated by our local merchants. We acknowledge these merchants at the event



Vanessa Stanka

# **Door Prize Winners / 2 Raffle Winners**





## **Collin Sunday** [Written by Collin Sunday]



started playing the guitar when I was nine years old. I had little guitars since I was five, but my mom was finally able to find an instructor available to teach me, and it was my instructor, Mr. Carl Patterson who found us the right acoustic guitar to learn to play on. The main genre I was listening to at that time was Classic Rock. I would say my first bands I listened to were Steve Miller Band, Rolling Stones, ZZ Top and AC/DC. As I progressed I began listening to other artists like The Beatles, Tom Petty & the Heartbreakers, Bruce Springsteen & the E Street Band, and others. The more I practiced the more advanced I became. Some guitarists I know say I am better than them.

While in high school I took a Music Theory class and my ears were really opened to all the different genres, such as folk rock, punk and country. I really like Bob Dylan. I was being encouraged to join the music band in high

school but didn't want to because I felt it would push me just to jazz, and I didn't want to be limited in what I could play. So I didn't get the music credit in high

school. Instead I learned how to do the lighting for the stage.

I always meet people while I am playing or just jamming and they asked me to teach them something. I figured they wanted a quick lesson so I gave them one. I liked showing them how easy it was, but it seemed hard for them to do. I liked teaching them something.

There have been a number of places I've performed at, most of them locally. My first gig was at a park gazebo in front of the towns' people in Fort Covington, NY playing acoustic guitar, and at the BonTon department store Cultural Event in Massena, NY. At this time, they were celebrating the Irish Culture presented by the PICEI organization. My next gig was at my sixth grade talent show where the whole school cheered and I got a lot of recognition. It was the most joyous feeling yet. I had the opportunity to perform at my Senior Pep Rally and my senior picnic. It was an awesome feeling to be playing my heart out with my band mates and watch the students form a mosh pit in front That rocked! of us.

I

performed at the Akwesasne Talent Show, and for the last four years at the Akwesasne Freedom School Quilt Show/Race Day. I performed



as accompanying a performer, in a duet, and in an impromptu band that didn't even have a name! It was at the Freedom School that I had to sing with my partner and the band and found out that I could both harmonize and sing backup. I am performing at the Akwesasne Freedom School again this year in August.

[Continued from page 28]

harmonize and sing backup. I am performing at the Akwesasne Freedom School again this year in August.

My inspirations are Vince Gill, Mark Knopfler, Angus Young, Eddie Van Halen and Zakk Wylde. Vince Gill's music and yes, I saw him in concert at the county fair. Mark Knopfler is on every guitarist's mind for his finger picking use on Sultans of Swing, Money for Nothing, Walk On By, Tunnel of Love, and a country hit, Darling Pretty. I grew up listening to AC/DC, and Angus Young

and his brother, Malcolm heavily influenced me. So did Eddie Van Halen of Van Halen. His approach to Hard Rock and Heavy Metal was a big influence on me, especially during the Sammy Hagar era. Lastly, Zakk Wylde is a major influence and inspiration. I listened to him play for hours on my favorite Ozzy Osborne album, No More Tears.

Speaking of Zakk Wylde, I actually saw him at an Ozzy Osborne concert in Syracuse at the New York State Fair Pavilion in September 2018. It was the most

extreme concert, so wild and crazy. I loved it and knew then that I needed to continue playing and hopefully to get into a band. I can continue to play solo, but enjoy playing with band mates. I like how the different instruments and vocals make the music as a whole sound fantastic, where if the music was performed by a solo artist it may not sound as good. As band mates we work as a team together and I like doing my part.

I graduated high school in June 2018 and took a gap year to work with my father. This enabled me to purchase a guitar for myself. I own several guitars, (one was gifted to me, a Fender Classic.).

Since my ambition is to become a studio musician, I feel I should have several types of guitars. Right now I have an acoustic, 12 string, acoustic/electric, and a variety of other electric guitars. I own nine guitars, a few to be my foundation, but will also assist me in my future plans as a professional in the field.

I liked travelling, especially to play with other musicians. I like showing them my skills. I will continue to play the guitar for the rest of my life, both solo and with different bands as the opportunities rise. I hope one day to be on the TOP 40 or Carson's Daly Download. And if not, then that's ok too; just as long as I keep playing the guitar and making music and different sounds. I have three amps and four pedals for their different sound effects. I really enjoy the different sounds my guitars make and enjoy messing around with the pedals to make even more

> unique sound effects. I play so much that I use 10 to 12 gauge strings and am picky about the picks I use (no pun intended). I definitely want a career in music and hope that the Crane School can not only so I know I

> school can not only so I know I have to attend the Crane School of Music at SUNY Potsdam. I want to major in Music Performance and minor in Music Composition. I am starting school this fall part-time at North Country Community College and hope to eventually transfer to SUNY Potsdam.

THANK YOU



## **MEMORIES**

They walked with us and talked with us, not aware of the day they would leave us... We are so blessed to have known them in whatever way we did... Now, they have joined the Spirit World once again...



Louis Ghoram esptember 11, 1924 - March 19, 2010

Lester Harris January 14, 1929 - September 18, 2018

Edna F. LaFave September 24, 1924 - February 14, 2019

Marie Shipman Mayfield August 31, 1921 - March 25, 2019



Richard Barrett Jr. February 23, 1959 - February 15, 2019





#### Theodore "Teddy" L. Jacobs "SKAIOWATISON"

#### FEBRUARY 9, 1938 - DECEMBER 12, 2018

When I am gone, release me, let me go' I have so many things to see and do, you mustn't Tie yourself to me with tears. Be thankful for our beautiful years, I gave to you my love. You can only guess how Much you gave me in happiness. I thank you for the love you each have shown, but now it's time I traveled on alone. So grieve a while for me, if grieve you must, then let your grief be comforted by trust, it's only for a time that we must part, so bless the memories within your heart. I won't be far away, for life goes on, though you can't see or touch me, I'll be near. All my love around you soft and clear.

And then, when you must come this way alone I'll greet you with a smile, and say "Welcome Home."



Harriett E. Snyder Nay 15, 1924 - December 24, 201>

Joseph McArthur July 31, 1945 - June 2018





May 8, 1961 ~ April 24, 2019

acce

#### THANK YOU 🔶 GRACIAS 🔶 MERCI BEAUCOUP 🔶 TODAH RABAH 🔶 DO JE 🔶 JEREJEF 🔶 GRAZIE



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#### Thank You - PICEI Members for your ONGOING SUPPORT 2018-2019

Viola Bass 
 Catherine Edwards 
 Mildred Glenn 
 Courtlan & Rachel Green 
 Beverly Johnson 
 Dorothy Lundgren 
 Art Lyons

 Helen Moller 
 Julia Chaney Moss 
 Carl Patterson, Jr. 
 Chrysetta Patterson 
 Florence Ghoram Patterson 
 Tete Quarcoo

 Cassey Remharrack 
 Cynthia Shipman 
 Frank Sokolwski 
 Feather Stanka 
 Linda Stanka 
 Vanessa Stanka 
 Herbi Tatro



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Romeo Liquor Store MASSENA, NY 13662



## Office for the Aging Saint Regis Mohawk Tribe

29 Margaret Terrance Memorial Way, Akwesasne, NY 13655 Phone: (518) 358-2963 Fax: (518) 358-3071



#### 

The mission of the SRMT Office for the Aging is to provide excellent service to seniors by promoting health, happiness, an active lifestyle, engagement, independence, and long life.

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- Legal Aid
- Handyman
- Health Program
- Lifeline
- Transportation
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- Congregate Meals
- Nutritional Education
  - Nutrition Counseling
- Socialization
- Weekly Shopping
- Craft Activities

#### 



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WESASNE, QUE



### Last Rezort Studio

first and foremost a music recording studio that provides opportunities to record your own music. It's also an excellent place for bands to practice when working on creating their own album.

## SERVICES

- Sound System Studio equipped to handle any size group 24 hour notice required
- ✤ New lighting effects for video recordings/photo shoots
  - When available can be book for private parties, fundraisers and events

LastRezortStudio.com 49 Skidders Lane Akwesasne, QC H0M 1A1

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Available are many music selections by well-known artists. This provides all kinds of music with a great atmosphere to satisfy all involved for Karaoke or special events.

Our mission is to encourage and provide a venue for anyone who loves music, enjoys learning, and wants to develop and record music



613 -575-2418 518-319-2965 Like us on **f** 

**REZORT STUDIO**